Preparing for the video interview

I appreciate your agreeing to a Skype interview with me on your experience with traumatic brain injury recovery.

We’ll do the interview through Skype on your computer or smartphone.

I’ll record and edit the interview. I will not publish the video until you give final approval.

Please see these videos with tips on how to prepare for the interview.

<https://youtu.be/aevCwBCYWtY>

<https://www.youtube.com/watch?v=FMex-9FyljU>

We will do an equipment check and a20 second trial recording before beginning the interview.

Tip: Practice saying the answers aloud several times before the interview.

Key points:

Install Skype on your smartphone or computer and create an account

Do a test Skype call or two on your phone with your friends or family. Make sure you can easily make and answer a call.

Set your phone to Airplane Mode

Make sure the phone is fully charged.

Position the phone horizontally on a tripod (or make-shift tripod).

Pick a quiet room. (Place pets in away from this room.)

Put a good light source directly in front of you - Not behind you. Sunlight or lamp.

Audio: Use wired headphones that have a built-in microphone. Or, if you have one, an external microphone.

Practice getting comfortable looking at the camera for long periods of time. During the video call, you will look at the camera, not at the other person.

Please keep in mind:

The audience will be the lay public.

The goal is public education.

I’d like to have a an informal, casual conversation about practical matters, not an academic discourse.

If you have any questions about how to prepare, please contact me: [dgardner@ucsd.edu](mailto:dgardner@ucsd.edu).

Thanks again for agreeing to do the interview!

(12/1/18)